Buddy Bears
Bear Creek students created these spirit bear designs to express ways in which they could help friends, family, and community.
What insightful students we have at Bear Creek!

Bear Tracks
Bear Creek Elementary
2500 Table Mesa Drive
Boulder, CO  80305

Kent Cruger, Principal
January 19, 2018

Inside this issue:

- BC At-A-Glance 2
- PTO 3-5
- Car Free Commute 6, 7
- Health Room News 8
- Year Book Order Form 9
- Classroom Clips 10-15
- BC Monthly Calendar 16, 17
- BVSD 18-22
BEAR CREEK CALENDAR

AT - A - GLANCE

Monday, January 22
Jump rope club begins @ 7:45

Wednesday, January 24
Screenager Showing

Thursday, January
Building “Love” Day

Monday, January 29
Lip Sync Sign Up Deadline

Tuesday, January 30
Spotlights begins @ 7:45

Friday, February 2
MLK Assembly @ 1:30

Tuesday, February 6 , Thursday 8, & Wednesday 21
Parent/Teacher Conferences

Wednesday, February 7
Winter Walk To School Day

Monday, February 12 - Thursday, February 15
Lip Sync Lyrics Due

Tuesday, February 13
PTO Meeting @ 1:30
SCA @ 3:15

Friday, February 16
NO SCHOOL - Work Day

Monday, February 19
NO SCHOOL - Presidents’ Day

Monday, February 26 - Friday, March 2
Lip Sync Dress Non-Dress Rehearsals

Thursday, March 8
Lip Sync Dress Rehearsals from 3-5

BEFORE AND AFTER SCHOOL ACTIVITIES

As you are looking for activities for your children to participate in before and after school, I just wanted to give you a “heads-up” about where to look for activities that are happening at Bear Creek, and which ones are Bear Creek and BVSD sponsored.

*Starting today in Bear Tracks, you will see opportunities for your children to participate in school sponsored clubs such as intramural sports, jump rope, Spotlights, and drumming club. Bear Creek clubs are supervised by Bear Creek staff.

*Lifelong Learning, which is part of BVSD's Community Schools Program runs many wonderful activities for students in schools across the district. If you go to their web-page you can find great kid classes, many of which will happen right at our school! Lifelong Learning will send you mail alerts of activities that are happening at Bear Creek. You can sign up for classes at any location, but parents have found it particularly accommodating when classes happen right at Bear Creek. This fall at Bear Creek Lifelong Learning will offer at Bear Creek such things as chess, basketball, Spanish classes, and Lego building.

*Finally, please check the Community Board in our front hallway where other activities that are not sponsored by the school or Lifelong Learning can be posted. Oftentimes these activities happen at Bear Creek, as groups can rent some of our spaces after school.

Kindergarten Enrollment for 2018-2019

If you are a neighborhood parent of an incoming 2018-2019 kindergartner, please either stop by the office or send me an email with the student’s name and date of birth.

Thank you Parents

EFAA FOOD DRIVE

Bear Creek Student Council and EFFA want to thank the parents and staff for contributing goods to this year’s food drive. Bear Creek donated a total of 563 pounds of goods to be used by those in need in Boulder County.

Way to go Bear Creek Community!!

Share-A-Gift

Thank you for your school’s participation in Share-a-Gift’s annual toy collection. Due to your school’s generosity and that of numerous other schools and businesses throughout the Boulder Valley School attendance area, over 1800 children received toys and bikes, picked out by their parents, which made their holiday happier.

Cathy Conery, Share-a-Gift
Welcome back Bear Creek families,

We hope that you are rested and recharged and that you're as excited as we are to get back to school! Firstly, we would like to thank all of our Cashback card users! Our goal was to earn $3000 over the holidays. We earned $3135.30 which means that we are back on track to reach our annual goal of $34,000 from our Cashback program. Remember, there is no limit to how much we can earn and there are plenty of holes to fill!

This is what's happening at Bear Creek in January:

- **24th** the PTO will be showing the documentary Screenagers (for more information see below). Information and tickets: [https://impactflow.com/event/6458/check out/tickets](https://impactflow.com/event/6458/check out/tickets)

- **29th** Building Love Day. (Please, see separate flyer). If you want help painting and decorating bathrooms please sign up at [Helpatschool.org](http://Helpatschool.org).

- **29th** Deadline to sign up for Lip Sync. Flyers will be sent home this week in Friday Folders. [Click to Sign up group](#) (*Save the date for the 2018 Shows - Friday, March 9 at 5:00 and 7:00pm

**Screenagers:** Bear Creek community, your PTO team is very excited to bring to you all an exclusive screening of the documentary, Screenagers. We will be showing the movie on Jan 24th at 7pm in the gym. This is a ticketed event, with adults paying $10 each and age-appropriate students will be free. Please consider if this is the right time for your children to see this movie before purchasing, the production company suggests your child be at least in 5th grade but that is a personal choice, of course. (Check out common sense media and the trailer to make your own informed choice). We are capping the event at 200 people in total so that you can feel comfortable in our gym (150 adults and approx. 50 children). Teachers are of course very welcome to attend, too.

Karin Larsson, PTO Chair

karin.f.larsson@gmail.com

www.HelpAtSchool.org
Volunteers needed!

BUILDING DAY

MISSION

Provide a caring environment for our students, even the restrooms. Our goal for the day is to paint, clean and decorate 4 restrooms. We start the day with a breakfast meeting. All you have to do is show up ready to get your hands dirty!

Remember to wear clothes you don’t mind getting paint on.

sign up at: www.helpatschool.org before January 25th

SKILLS NEEDED

We need parents that can help with

- cleaning
- painting
- mounting mirrors
- fixing minor repairs
- electrical knowledge

YOU MAKE A DIFFERENCE!
PTO Hospitality Presents:
Classroom Sponsored Teacher Appreciation Snacks

Two Wednesdays a month classroom parents will sponsor "Appreciation Snacks" for the Bear Creek teachers and staff to express thanks for their hard work. Starting with the 5th grade, September 6th, Mrs. Ewing's class parents will kick it off. Each classroom will have their chance during the school year to participate.

Each Job requires (3) parents from the specified classroom to provide yummy snacks on behalf of the entire classroom for approximately 15 (total of 45) teachers and staff. Snacks are dropped off before 8:30 on the specified Wednesday to the Teacher’s Lounge at Bear Creek. At the end of the day you collect your empty containers at pick up. It’s so easy!

Some items that have been a hit in the past include bagels, lox and cream cheese, egg dishes, assorted fruit and fruit salads, veggie salads and trays, and of course the sweet stuff. Please visit https://helpatschool.org to sign up. Thank you in advance for your participation!

All dates are Wednesdays, here’s the schedule:

- January 24, Mrs. Jenak’s class
- February 7, Mrs. Hattendorf’s class
- February 21, Ms. Koch’s class
- March 7, Mrs. Briggs’ class
- March 21, Mrs. Norton’s class
- April 4, Mr. Neiman’s class
- April 18, Mrs. Kallio and Bulow’s classes

Contact bridgetta.stephenson@gmail.com with questions or comments.

---

Earn 5% Cashback for Bear Creek
mentary while shopping at Alfalfa’s. No need to load the card! How does the program work?

Do you shop at the local natural grocery store Alfalfa’s? If so, there’s now a very easy way to make money for Bear Creek while you shop. Apply for a Rebate/Cashback Card and get it scanned when you check out each time. 5% of your shopping payment will be donated by Alfalfa’s to Bear Creek. Yes, it’s that simple. You will be able to use other coupons/discounts as you normally do. You can make your shopping payment with cash or credit card as you normally do. The only additional step is to get the Rebate/Cashback Card scanned after making the payment. Bear Creek will receive a check from Alfalfa’s at the end of every month.

How do I get the Rebate/Cashback Card?

Please fill in this form: http://tiny.cc/BearCreekAlfalfas . You will be notified by email when your card is ready to be picked up at Alfalfa’s (either the Boulder or Louisville location). It will take a few business days for your card(s) to be ready.

Thank you for supporting Bear Creek!
Trip Tracker Dates to Remember

• NOW - Began the tracking for January’s green trips. Judging by the full bike racks Bear Creekers are doing a great job taking advantage of this warm January winter!
• 1/31 (Wednesday) - Email with link to January Trip Survey arrives in your inbox. This is when you log in all those January trips!
• 2/7 (Wednesday) - **Winter Walk To School Day**!
• 2/12 (Monday) - January Trip Survey closes at midnight. Last day to log in those trips!
• 2/20-2/23 - Dollar distribution at the schools.

Have an Item to Donate? Right now the Car Free Commute team is preparing for the annual Trip Tracker Auction which will take place in April. This is a great place to get values on local camp enrollments, lessons, biking gear, local family friendly food & entertainment. Remember, if you donate an item to BVSD’s Trip Tracker Auction, 30% of the proceeds goes directly to Bear Creek’s Trip Tracker account. Likewise if you bid on an item and win, 30% of the proceeds goes to benefit Bear Creek’s Trip Tracker Auction.

**Winter Walk/Bike to School Day!** Finally, please see the details for Winter Walk/Bike to school day! This is a fun mid-winter celebration of Bear Creek’s Biking/Walking and Carpooling community with a steaming hot mug of chocolate and fresh fruit before school. See the brochure below to find out our walking school buses schedule. If you walk to school with your child consider volunteering to help serve hot chocolate or donating a few minutes of your time to set up/clean up! It’s a fun easy way to get involved with Bear Creek. We also greatly appreciate if your child can bring a mug or a water bottle to school for hot chocolate. Bringing a mug/water bottle for hot chocolate saves on purchasing those relatively expensive compostable cups.

Car Free Commute Thanks You! A huge thanks to Kristina Waag, Michelle Wellington, Andy Jacobson, Brent Halsey, Ning Mosberger, and Susan Churchill for their help in making past walk to school events fantastic!

---

**Winter Check-List for Bike Riding**

- Wear something bright – better yet: Reflective!
- Hood/hat that fits under helmet + covers ears.
- Wind-proof gloves that fit over coat sleeves.
- Wind-proof leg-wear. Do your boots work on bike?
- Does your coat expose your neck? Add scarf.
- Check for air in tires/oil on chain.
- Check tread on tire – Consider winter tires
- Check all of the above for your kid(s) too!
- Is this your work commute? You will probably return after dark - Please check lights/batteries! One white in front, one red in the back – always!

Also consider:
- installing mudguards over both wheels,
- and a bell – For your own and fellow cyclists sake.
- and a chain guard.
Get rid of those winter blahs and try a winter walk to school.

Parents- We need help!
Sign up to volunteer during morning dropoff at http://helpatschool.org

Winter Walk and Bike to School Day
Wednesday, February 7, 2018

Walk, bike, scooter, bus or carpool to school!

- Get on a walking school bus!
  Darley Dart Gillaspie & Darley 7:50am
  Mountain Ramblers Woodstock & Scrub Oak 8:10am
  Super Soole Bus Table Mesa Dr at St. Martin de Porres church 8am
  Vassar Vroom Drake & Vassar 7:50am. We need a parent volunteer to drive the Vassar Vroom!

- Bring a mug for hot chocolate!
- Fruit and stickers-buttons-maps for all!
- Sign up for Cruger Cup & Trip Tracker at http://bvsd.org/transportation/toschool/tracker
Student Concussions

Every year many students suffer head injuries, some are minor but others require more time for healing and recovery. Injuries occur in students of all ages. These injuries occur during organized activities such as soccer, football, lacrosse but also on playgrounds, while biking, skiing, and countless other ways. We understand that head injuries, including concussions, can be scary for both youth and their parents.

We also know that brain rest immediately after an injury provides the quickest recovery.

To ensure that every student is healthy and able to learn to their full potential, BVSD has developed a comprehensive head injury protocol designed to assist students in their recovery after a concussion or other head injury. Our process includes immediate brain rest and monitoring by the school's concussion team which will track a student’s educational needs. After a student’s symptoms resolve and they no longer need adjustments in their classes, they will be ‘cleared’ academically by the school nurse. This academic clearance is needed in order for a student to return to play such as sports, recess, and PE.

Once a student is cleared by the school nurse then the PE teacher will begin their return to activity protocol. The PE protocol includes an extended 7 day (including weekend days) period of restricted physical activity and a graduated return to activity on the 7th day.

If at any time your child suffers a head injury or is diagnosed with a concussion please inform the office staff and they will implement the concussion protocol and alert the concussion team. The Bear Creek office number is 720-561-3500.

For additional information on the BVSD Concussion Protocols and Guidelines see the Parent Section of BVSD’s Health website at: http://www.bvsd.org/health/parents/conditions/Pages/Concussion and for more general information on concussions in youth and youth sports visit: www.cdc.gov/headsup

Bear Creek 2018 Literary Magazine

Call for Submissions

The Bear Creek Literary Magazine is coming spring of 2018! We are calling for submissions from all writers and artists interested in submitting work. A panel of judges comprised of Bear Creek staff will select the best work to be included in the magazine.

What: Poetry, short stories, essays, dramatic dialogue, drawings, photos, graphics. Submissions should be completely original student works without teacher or parental input and labeled with name and grade. All written submissions should be typed and have a maximum of 500 words.

Who: Students may submit on their own; teachers may submit on behalf of students.

When: All submissions are due by February 28, 2018.

How: Electronically to lisa.chase@bvsd.org or via hard copy to the Bear Creek office.
Order your
2017–2018 Bear Creek
YEARBOOK
Now!

Largest yearbook ever created by 84 student volunteers

What’s inside:
★ New! Stories by student journalists
★ Class pictures & montages for every grade
★ More, more, more pics from student photographers
★ Every child wants a yearbook as a keepsake and collection of friends’ signatures

-----------------------------------------------------------------------------------

Fill out and return to the office

Student Name __________________________  Teacher & Grade __________________________

# copies: _____ @ $16 per copy = $________ enclosed
5TH GRADE STUDENTS RECEIVE ONE FREE COPY FROM THE PTO! No need to complete form if you are a 5th grade student.
Please attach cash or check payable to Bear Creek Elementary and return via your child’s Friday Folder, or drop at the front office. Thank you!
Martin Luther King Celebration

Bear Creek’s annual Martin Luther King, Jr. celebration is just around the corner! The all-school assembly will take place on Friday, February 2nd at 1:30 p.m. and you are all invited to partake in this 20+ year-old tradition. Bear Creek students will share songs and drama inspired by the Civil Rights Movement. We hope you can take time out of your busy schedules to be a part of this wonderful event!

Disney's Peter Pan JR. is a magical story with countless opportunities for kids of all abilities! Based on the Disney film and J.M. Barrie's enchanting play, Disney's Peter Pan JR. is a modern version of the timeless tale about a boy who wouldn't grow up... with no flying required! Wendy Darling loves to tell stories to her brothers, Michael and John. But when her father announces she must move out of the nursery, Peter Pan comes to visit the children and whisks them away to Neverland.

Starting **Tuesday, January 30th**, Spotlights will begin rehearsing our version of Peter Pan, Jr.! 3rd, 4th and 5th grade students are invited and encouraged to participate. We will rehearse on **Tuesday and Wednesday** mornings in the gym from 7:45-8:30. The performance will take place on Tuesday, April 24th. Please sign-up via the Bear Creek website.
The results of the 2017 Share-A-Coat school contest are now available. Together, we collected nearly 2,500 coats and distributed these to various charities and people in need in the Boulder/Broomfield community.

The Boulder Valley Rotary Club will provide a cash prize to the schools who won our coat collection contest: 1st place - $150, 2nd place - $100 and 3rd place - $50.

School contest winners are:

**Small Schools (less than 350 students)**
- Jamestown Elementary – 1st place
- Boulder Bilingual Preschool – 2nd place
- Mesa Elementary – 3rd place

**Medium Schools (350-550 students)**
- Superior Elementary – 1st place
- Bear Creek Elementary – 2nd place
- Foothill Elementary – 3rd place

**Large Schools (more than 550 students)**
- Crestview Elementary – 1st place
- Platt CHOICE Middle – 2nd place
- Louisville Elementary - 3rd place
Mustache Day @ Bear Creek
Drink up!

A study shows that many kids aren’t drinking enough water

June 15, 2016
By Zachary Humeni

Kids should drink between 10 and 14 cups every day, according to a new study.

Are you drinking enough water? Many kids aren’t, according to a new study published in the American Journal of Public Health.

The study’s lead author, Erica Kenney, a scientist at Harvard’s T.H. Chan School of Public Health, originally planned to look into the amount of sugary drinks kids were consuming in schools. However, during her research she found that many kids were simply not drinking enough water.

While looking through the survey results, she noticed that more than half of the kids who participated were dehydrated. Of that group, boys were 76% more likely than girls to not have enough water in their system. Nearly one quarter of the kids in the survey reported drinking no plain water at all.

“These findings are significant because they highlight a potential health issue that has not been given a lot of attention in the past,” Kenney said in a statement. “Even though for most of these kids this is not an immediate, dramatic health threat, this is an issue that could really be reducing quality of life and well-being for many children and youth.”

It is important to drink a lot of water when you are being physically active.

How much is enough?

The human body is made up of 60% water. It regulates body temperature, delivers oxygen all over the body, assists in digestion, and performs various other tasks that keep our bodies healthy.

Not drinking enough water can lead to health problems such as headaches, irritability, poor physical performance, and even more serious issues. Your body needs more water when you are in hot climates, when you are physically active, and if you have a fever.

The United States National Agriculture Library says on average, kids need between 10 to 14 cups of water every day. This water can come from a mix of drinks and foods that contain high amounts of water, such as celery, melons, or tomatoes. It is also recommended that fluids come from water instead of sugary drinks that are high in calories and can lead to weight problems.

“The good news is that this is a public health problem with a simple solution,” said senior author on the study and professor health sociology at Harvard University, Steven Gortmaker. “If we can focus on helping children drink more water – a low cost, no calorie beverage – we can improve their hydration status, which may allow many children to feel better throughout the day and do better in school.”

Tips for staying hydrated

The United States Center for Disease Control offers the following tips for people to stay hydrated:

- Carry a water bottle for easy access.
- Freeze some freezer-safe water bottles. Take one with you for ice-cold water all day long.
- Choose water instead of sugar-sweetened beverages. This tip can also help with weight management. Substituting water for one 20-ounce sugar-sweetened soda will save you about 240 calories.
- Choose water instead of other beverages when eating out. Generally, you will save money and reduce calories.
- Give your water a little pizzazz by adding a wedge of lime or lemon. This may improve the taste, and you just might drink more water than you usually do.
Congratulations to all the 4th and 5th Grade Geo Bee Finalists!!

Norman Stamski          Kylie Duart
Will Matsumura          Oliver Kubitschek
Katie Zhou              Riley Levine
Max Hendrick            Tessa Chamberlin
Elden Graham            Laurel Brain
Lauren Payne            Jeremy Berets
Annika Jacobson         Reid Gannan
Frank Boice             Calvin Vozoff
Rose Churchill          Zachariah Nagle
Saoirse Chase           Caroline Holloway Imrie
Ethan Lonnon            Russell Baker
Ewan Kenny              Alice Rowe
Enzo Massimino          Amelie Wild
Luka Teoduru            Koby Horowitz
Aidan Wire              Jade Hayman

Congratulations to the winner, Will Matsumara (4H)! Our runner-up was Russell Baker (5E), and Koby Horowitz (5H) was in third place!

THANK YOU, Harry Horowitz, Matt Stamski, Lisa Chase, Susan Churchill, and Sue Nagle for helping us with the Bee!

Heidi Casey
heidi.casey@bvsd.org
Bear Creek Spelling Bee Winners

The winner of this year’s Bee was Amelie Wild. In second place was Jiyu Kim. Tied for third were Nate Gill, Katie Zhou, and Will Matsumura. Congratulations to all who participated! Amelie will represent Bear Creek at the regional spelling bee on February 10th, 2018 at Nevin Platt Middle School. Good luck, Amelie!

Thanks to Leigh Gannan, Lisa Schneider, Michi Sakurai, Narisa Wild, Ning Mosberger-Tang, Sue Nagle, Annie Haselfeld, and Mark Matsumura for helping with the Bee.

Congratulations go to all of our Spelling Bee participants!

Abby Mateyko
Adrian Vitek
Ainsley Haselfeld
Amelie Moody
Annabelle Eisner
Annika Jacobson
Ava Mackey
Avery Medd
Ben Arons
Claire Neslage
Claire Wellington
Ethan Lonnor
Harper Sprague
Jackson Darin
Jason Chen
Joshua Cochran-Holmes
Jude Chen
Julia Perian
Julia Savage
Koby Horowitz
Kylie Duart
Leona Lam
Lila Mosberger
Lucy Pennel
Madeleine Grandsaert
Markus Andersson
Mason Brown
Max Kurtz
Norman Stamski
Reid Gannan
Sidney Booth
Sven Vezmar
Sydney Vaughan
Tessa Chamberlin
Zachariah Nagle
Zeke Farkas
<table>
<thead>
<tr>
<th>Sun</th>
<th>Mon</th>
<th>Tue</th>
<th>Wed</th>
<th>Thu</th>
<th>Fri</th>
<th>Sat</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
<td>6</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Winter Break</td>
</tr>
<tr>
<td></td>
<td>7</td>
<td>8</td>
<td>9</td>
<td>10d</td>
<td>11</td>
<td>12</td>
</tr>
<tr>
<td>7</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>8</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>NO</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>SCHOOL</td>
<td>Last Day of OE</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>9</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>10d</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>11</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>12</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>13</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>14</td>
<td>15</td>
<td>16</td>
<td>17</td>
<td>18</td>
<td>19</td>
<td>20</td>
</tr>
<tr>
<td>NO</td>
<td></td>
<td>PTO Meeting</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>SCHOOL</td>
<td>@ 1:30</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>16</td>
<td></td>
<td></td>
<td>17</td>
<td>18</td>
<td>19</td>
<td>20</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>17</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>18</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>19</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>20</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>21</td>
<td>22</td>
<td>23</td>
<td>24</td>
<td>25</td>
<td>26</td>
<td>27</td>
</tr>
<tr>
<td></td>
<td>Jump Rope club Begins</td>
<td></td>
<td>Screenager Showing</td>
<td>Building Love Day</td>
<td>MLK Assembly</td>
<td></td>
</tr>
<tr>
<td>22</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>23</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>24</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>25</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>26</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>27</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>28</td>
<td>29</td>
<td>30</td>
<td>31</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>29</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>30</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>31</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Lip Sync Sign Up

Spotlights Begins
<table>
<thead>
<tr>
<th>Sun</th>
<th>Mon</th>
<th>Tue</th>
<th>Wed</th>
<th>Thu</th>
<th>Fri</th>
<th>Sat</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>MLK Assembly @ 1:30</td>
<td></td>
</tr>
<tr>
<td>4</td>
<td>5</td>
<td>6</td>
<td>7</td>
<td>8</td>
<td>9</td>
<td>10</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Lip Sync Music/Lyrics Due</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Parent/Teacher Conferences 3:30-7:00</td>
<td>Winter Walk to School Day</td>
<td>Parent/Teacher Conferences 3:30-7:00</td>
<td></td>
</tr>
<tr>
<td>11</td>
<td>12</td>
<td>13</td>
<td>14</td>
<td>15</td>
<td>16</td>
<td>17</td>
</tr>
<tr>
<td></td>
<td></td>
<td>PTO @ 1:30</td>
<td></td>
<td>End of Trimester Bear Tracks</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>SAC @ 3:15</td>
<td></td>
<td></td>
<td>NO SCHOOL Work Day</td>
<td></td>
</tr>
<tr>
<td>18</td>
<td>19</td>
<td>20</td>
<td>21</td>
<td>22</td>
<td>23</td>
<td>24</td>
</tr>
<tr>
<td></td>
<td>NO SCHOOL Presidents’ Day</td>
<td></td>
<td></td>
<td>Parent/Teacher Conferences 3:30-7:00</td>
<td></td>
<td></td>
</tr>
<tr>
<td>25</td>
<td>26</td>
<td>27</td>
<td>28</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Lip Sync Non-Dress Rehearsals</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
For over three decades, the CU Wizards program has presented FREE monthly shows that entertain and inform children about the wonders of science. Under the direction of Prof. David Nesbitt, these interactive shows are presented once a month from September through June. They are hosted by renowned University of Colorado, Boulder professors and provide a perfect start to a fun-filled weekend. The shows are geared toward children and young adults, but all are welcome!

Each program lasts about an hour and includes several lively demonstration experiments.

**WHERE?**
At the University of Colorado at Boulder in the Duane Physics or Cristol Chemistry buildings. There is FREE PARKING in LOTS 308 and 436. There is also parking available for a $4.00 flat fee in the Euclid parking structure. Please refer to our website for additional parking information.

**SPONSORS:**
- Chancellor DiStefano
- David Paddock Endowment
- George Gamow Memorial Lecture Fund
- College of Arts & Sciences
- Merrill Lynch
- CU Science Discovery Program
- CU Outreach Program
- Local Wizards Fans who donate!

**CU Wizards 2017-2018 Schedule:**

<table>
<thead>
<tr>
<th>Date</th>
<th>Speaker/Presenter</th>
<th>Title</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>9/30/2017</td>
<td>Prof. Janet deGrazia</td>
<td>&quot;Go With the Flow!&quot;</td>
<td>Cristol Chem 140</td>
</tr>
<tr>
<td>10/28/2017</td>
<td>Master Storyteller Susan Marie Frontczak</td>
<td>&quot;A Visit with Madame Curie&quot; Special 150th Anniversary of Curie’s Birth!</td>
<td>Old Main Chapel</td>
</tr>
<tr>
<td>11/18/2017</td>
<td>Prof. Moni Fleshner</td>
<td>&quot;Immunity in Health &amp; Disease: Superheros Within!&quot;</td>
<td>Cristol Chem 140</td>
</tr>
<tr>
<td>12/2/2017</td>
<td>Prof. Brian Hynek</td>
<td>&quot;Rocks on Mars!&quot;</td>
<td>CU Planetarium</td>
</tr>
<tr>
<td>1/27/2018</td>
<td>Prof. Eric Cornell</td>
<td>&quot;Speed!&quot;</td>
<td>Duane Physics G1830</td>
</tr>
<tr>
<td>2/24/2018</td>
<td>Prof. David Nesbitt</td>
<td>&quot;The Chemistry of Cooking!&quot;</td>
<td>Cristol Chem 140</td>
</tr>
<tr>
<td>3/17/2018</td>
<td>Prof. Paul Beale</td>
<td>&quot;Much Ado About Absolute Zero!&quot;</td>
<td>Duane Physics G1830</td>
</tr>
<tr>
<td>4/28/2018</td>
<td>Prof. Mathias Weber</td>
<td>&quot;Sink or Swim!&quot;</td>
<td>Cristol Chem 140</td>
</tr>
<tr>
<td>5/12/2018</td>
<td>Prof. Rebecca Thompson</td>
<td>&quot;The Physics of The Game of Thrones!&quot;</td>
<td>Duane Physics G1830</td>
</tr>
<tr>
<td>6/16/2018</td>
<td>Prof. Andrew Hamilton</td>
<td>&quot;Blackholes!&quot;</td>
<td>CU Planetarium</td>
</tr>
</tbody>
</table>

For more information please visit: [www.colorado.edu/cuwizards](http://www.colorado.edu/cuwizards)
CU Wizards Presents: Prof. Eric Cornell
Speed!

Duane Physics 61B30
9:31-10:29 a.m. (precisely)
Saturday, January 27, 2018

mm. colorado.edu/cuwizards
Boulder Valley Schools
Community Night with the Colorado Avalanche

Colorado Avalanche vs. Minnesota Wild
Friday, March 2nd • 7:00PM • Pepsi Center

TICKETS STARTING AT: $25
NO ADDITIONAL TAXES OR FEES! Subject to change.
$5 of every ticket sold will be donated to the Boulder Valley Schools!

FIND TICKETS:
avalanche.teamkse.com/bvsd0302

For questions please contact Kiley Long with the Colorado Avalanche:
303.405.7625 | Kiley.Long@TeamKSE.com
WE IMPACT STUDENTS TEACHERS PUBLIC EDUCATION INNOVATION

Do you know about the important work we do within our community?

HOW WE MAKE AN IMPACT

- **Crayons to Calculators**
  Ensuring local students, no matter their financial situation, are equipped with the school supplies they need to succeed.

- **Career Pathways**
  Cultivating career exploration after school with students participating in different career possibilities through hands-on and meaningful learning experiences. Students are also connected with professional mentors within the business community.

- **Summer Shuffle**
  Preventing summer slide in literacy among students in low-income neighborhoods, in partnership with Boulder Housing Partners.

- **Classroom Innovation Grants**
  Funding for innovative instruction projects and methods that require support beyond schools’ capabilities.

- **Opportunity Fund**
  Fostering student motivation, engagement, and success by reducing economic barriers to participation in enriching educational experiences.

10,250+ backpacks full of supplies were delivered in 2017

$77,000 was provided to students in 2017

Please visit our website today to learn more about the **IMPORTANT** work we do within our community:

ImpactOnEducation.org
BVSD is working to improve air quality in our schools

Last year, BVSD began a long term initiative to collect indoor air quality data across the district to identify where we can make changes to improve it. Recognizing the proven role of good indoor air quality for student performance and health, BVSD hopes this work will have significant benefits for students and staff. There are a couple of ways parents are asked get involved and help with this effort:

Provide information about reasons for absenteeism
In addition to collecting data from school sites, we want to understand how air quality may be affecting student health and absenteeism. Beginning this school year, when parents call in to report a health-related absence from school, they will be asked to identify the nature of the illness. Learn more.

Join the District-wide Air Quality Team
The district is creating an Indoor Air Quality Team to work with us on this initiative. The team will include BVSD principals, teachers, parents and community members. Once convened, the team will determine meeting times and schedule. Applications are due September 9. Follow these links for more information and the application.

For more information about the air quality initiative, go to: bvsd.org/airquality.

Student accident insurance 2017-2018

Low-cost student accident insurance is again being offered by Markel this year. They have changed their enrollment method from paper to electronic and will not be providing print outs to schools to distribute to students. Attached is a PDF of their enrollment information. This information is also available on the district website at http://www.bvsd.org/employees/AthleticsActivities/Athletic%20Insurance%20Information/Forms/AllItems.aspx.

Healthy Kids Initiative
Another possible option for parents whose students need health insurance is the Boulder County Healthy Kids Initiative which helps families enroll in Child Health Plan Plus (CHP+) and Medicaid. CHP+ and Medicaid are free and low-cost health insurance plans that provide dental, medical, prescription, mental health, and vision benefits. There are no monthly premiums, and co-pays range from $0 - $15 depending on family income. CHP+ has higher income eligibility limits than many public assistance programs, so many working families can qualify. Assets are not considered when determining eligibility for these programs. Some families who have not previously qualified may be able to qualify now due to new income guidelines.

Eligibility specialists are available to serve families at all BVSD schools. Call 720-515-1454 today to talk with a specialist or to make an appointment!

More information is available on the district website at http://www.bvsd.org/healthykids. A link to this page is on the front page of the district site: Go to www.bvsd.org and click the Healthy Kids Initiative logo at the bottom of the page.

NONDISCRIMINATION/EQUAL OPPORTUNITY

In compliance with Titles VI and VII of the Civil Rights Act of 1964, Title IX of the Education Amendments of 1972, Section 504 of the Rehabilitation Act of 1973, the Age Discrimination in Employment Act of 1967, the Americans with Disabilities Act, the Genetic Information Nondiscrimination Act of 2008, Colorado law and Board of Education Policy AC (Nondiscrimination/Equal Opportunity), Boulder Valley School District does not discriminate on the basis of disability, race, creed, color, sex, sexual orientation, gender identity/expression, national origin, religion, ancestry, need for special education services, age, marital status, genetic information, or physical characteristics in admissions, access to, treatment, or employment in educational programs or activities which it operates. Complaint procedures have been established for students, parents, employees and members of the public. The following person has been identified as the compliance officer for the district:

Superintendent, Boulder Valley School District6500 Arapahoe Rd.
Boulder, CO 80301 720.561.5114 Superintendent@bvsd.org