Dear Parents,

It is crazy to think that we’re already in November! This school year is flying by, and many amazing things are happening at Bear Creek. This week I had the opportunity to join 5th grade for 3 days and 2 nights at Cal-Wood, an outdoor education facility. It was an amazing learning experience for our 5th graders, who represented our community so well. I look forward to joining other classes in future years!

As I started at Bear Creek, I laid out a plan for my “First 3 Months” in regards to the work I wanted to do with staff, students, and parents. During that time, I have learned so much about what makes Bear Creek a “one-of-a-kind” school. Having been at several BVSD schools over the last decade, I can say with confidence that Bear Creek’s students, staff, and parent community are second to none. I am so honored to be the principal at Bear Creek!

With that, I am driven to find ways to engage our entire community in keeping Bear Creek’s reputation for excellence moving forward. As the last part of my plan for my “First 3 Months,” I would like to engage you in a Community Survey about the work we’re doing at Bear Creek, and our communication platforms. This feedback will be used to help us in planning our future work at Bear Creek.

Please see this video that introduces the survey - BC Video Newsletter - 11/09/2018

And, please take 5-10 minutes to complete the survey - Bear Creek Community Survey

With great pride in Bear Creek,

Tanner
BEAR CREEK CALENDAR

AT - A - GLANCE

Friday, November 9
Bear Tracks

Tuesday, November 13
PTO Meeting @ 6:00 p.m.

Wednesday, November 14
KG Report Cards go Home
1-5 repost cards viewable in IC (instructions)
OE tour @ 9:30
TA Snacks—Mrs. Hill's Class (sign up)

Thursday, November 15
Student Climate Survey Day
Fairview Excalibur @1:30

Week of November 19-23
Thanksgiving Break

Wednesday, November 28
Kindergarten Literacy Night 5:00-5:45

Friday, November 30
Principal Coffee & Chat @ 8:45 in fishbowl

Monday, December 3
Vision & Hearing Screening
Vision Waiver
Hearing Waiver

Wednesday, December 5
Student Council 3:05-3:45

Friday, December 7
Bear Tracks

Monday, December 10
Garden Committee @ 8:35

Tuesday, November 11
PTO Meeting @ 1:30

Monday, December 17
Instrumental Concert 2:15 in Cafeteria

BEFORE AND AFTER SCHOOL ACTIVITIES

As you are looking for activities for your children to participate in before and after school, I just wanted to give you a "heads-up" about where to look for activities that are happening at Bear Creek, and which ones are Bear Creek and BVSD sponsored.

*Starting today in Bear Tracks, you will see opportunities for your children to participate in school sponsored clubs such as intramural sports, jump rope, Spotlights, and drumming club. Bear Creek clubs are supervised by Bear Creek staff.

*Lifelong Learning, which is part of BVSD’s Community Schools Program runs many wonderful activities for students in schools across the district. If you go to their web-page you can find great kid classes, many of which will happen right at our school! Lifelong Learning will send you mail alerts of activities that are happening at Bear Creek. You can sign up for classes at any location, but parents have found it particularly accommodating when classes happen right at Bear Creek. This fall at Bear Creek Lifelong Learning will offer at Bear Creek such things as chess, basketball, Spanish classes, and Lego building.

*Finally, please check the Community Board in our front hallway where other activities that are not sponsored by the school or Lifelong Learning can be posted. Oftentimes these activities happen at Bear Creek, as groups can rent some of our spaces after school.

LOST and FOUND

The lost and found is located at the end of the hallway by the gym between the inside and outside doors.

Here is the November Thrive Update

Health Room in need of gently used boy’s underwear, generic (boy/girl) sweats, and socks.!!

Counselor’s Corner

Hello Bear Creek Community!

It’s hard to believe that it is November already! I am so excited to say that our UPstander day was awesome to be a part of and all the children seemed to grasp on to the lessons and continued to point out ways they were UPstanders to their friends. Students were also given the chance to sign the UPstander pledge, which are now hanging up in the cafeteria for all to see!

Please keep the discussion around UPstanders going at home, the more we all talk with the same language the greater the effect will be. We will continue to discuss and explore UPstanders, leadership, and other skills that make for inclusive, strong communities this month.

It is such an honor to work with your students here at Bear Creek and I look forward to updating you on some of the things that are happening around here. Don’t hesitate to reach out!

Thanks,
Rob Dorr robert.dorr@bvsd.org
Student Climate Survey Day

November 9, 2018

Dear Parent / Guardian,

Our school is administering a nationally developed school climate survey from the American Institutes for Research (‘Safe Supportive Learning Survey’ for grades 5-12 and ‘Conditions for Learning Survey’ for grades 2-4). The district selected these surveys to better understand the current climate of schools across the district. The surveys will ask students about their perceptions of school on topics such as student engagement, school environment, and school safety. Surveys will be administered online by the Office of Student Assessment and Program Evaluation in Boulder Valley School District.

Your child will be invited to participate in a survey during regular school hours during the week of November 15, 2018. Once your child logs into the survey, they will be asked what they would like to do, either take the survey or not. If your child agrees to participate, they will spend about 10 minutes at the secondary level / 15 minutes at the elementary level completing the online survey. Your child does NOT have to answer any questions that they do not wish to answer. For younger students, your child’s teacher will read survey questions aloud while students follow along online.

Student responses to the survey will be confidential. Your child’s survey response goes to the Office of Student Assessment and Program Evaluation where staff will delete identifying information and distribute summary results directly to our school. Therefore, no one at our school will know how your child responded to the survey. Your child’s answers will be combined with the answers of other students at our school and across the district to produce reports that will help us better meet the needs of all students to have a safe and engaging learning environment at school.

If you have any questions, please contact me @ 720-561-5520.

Thank you.
Tanner Dayhoff
Bear Creek Elementary School


Teacher/Staff Appreciation Snacks - Sign up

** Clothes will be laid out in the foyer the week before Thanksgiving Break, next week! Then on November 16 unclaimed clothing will be bagged up and given to a charity.**
SUPPORT YOUR SCHOOL when you treat your family to an exciting Boulder Opera performance this December!

Little Red Riding Hood
Dec 6th - 9th

Boulder Opera is excited to present the latest installment in our popular Family Series. This December, at Boulder's historic Nomad Playhouse, we will be performing Little Red Riding Hood by César Cui. The classic and beloved fairytale with a happy ending twist. The perfect introduction to Opera! The show will be sung in English and will feature an ensemble orchestra. Lasting an hour with Q&A at the end, this performance will surely be a delight to all!

When you purchase tickets for these performances
Boulder Opera will donate 20% of that ticket revenue back to your school.

Please fill out the form below and make checks out to “Boulder Opera”
and return this form plus payment to the office by Nov 15th

***

Alternatively, you may buy tickets online https://app.arts-people.com/index.php?show=58668
and enter code BEARCREEK

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<tr>
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<th>Fri. Dec. 7th 1:00 pm</th>
<th>Fri. Dec. 7th 4:00 pm</th>
<th>Sat. Dec. 8th 2:00pm</th>
<th>Sat. Dec. 8th 4:00 pm</th>
<th>Sun. Dec. 9th 1:00 pm</th>
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All shows take place at the Nomad Playhouse, 1410 Quince Ave, Boulder, CO 80304

Parent's Name: ___________________ Student's Name: ___________________

For questions, please email Dianela at dianela@boulderoperacompny.com
**PTO PULSE**

**FOOD. FUEL. FUN.**

USE YOUR RELOADABLE CARD
GET ENTERED INTO SCHOOL DRAWINGS

1. New Card Users - Reload $100 on your card between now until Nov. 11th and get entered into FUN school drawings. Every $100 gets you another entry. Prizes include lunch with Mr. Dayhoff, $5 gift card to Lucky’s, & more

2. If 10 students in your classroom use their card Class Lunchtime Dodgeball
   If 13 students in your classroom use their card Class Party/Prize

---

**KING Soopers**

**Lucky’s Market**

**HAVE A QUESTION OR COMMENT?**
**EMAIL: PTOBEARCREEK@GMAIL.COM**

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www.helpatschool.org - Please sign up and visit this site regularly to find volunteer opportunities at school.

Want to learn more about the PTO Budget, TLC Donation, Volunteering and/or Cashback Cards? Please visit the [Bear Creek PTO Web Page](#)

Please join the next PTO meeting, **an evening meeting** on November 13th at 6 pm.
Welcome Bear Creek Families!

Walk and Bike to School in 2018-19
For fun! For health! For less traffic! For less pollution and greenhouse gases!

Trip Tracker

Trip Tracker is the Boulder Valley School District’s program to encourage kids to get to and from school without a car.

Kids report their car-free commutes each month and earn Trip Tracker dollars. These dollars can be redeemed like cash at participating local businesses. It’s a win-win! Sign up today!

Tracking starts September 4th. Download a Trip Tracker calendar for September at the TT website!

Read more and sign up at www.bvsd.org/tracker

Join our group! Parents, we need fresh members to replace those we’ve lost to middle school. Help encourage kids to get to school in a safe and healthy manner, improve the conditions for green commuting around our school, and reduce the cars on our roads. It’s a simple and easy way to get involved at Bear Creek! We don’t bite and it’s not a big commitment.

If interested, drop us a line at bear-creek-cfo-team@googlegroups.com

The Cruger Cup

Our former principal Mr Cruger continues to challenge us to a 100% car-free school year. All students who get to school without a car all year long will win the coveted Cruger Cup!

Got to drive? Park at least ¼ mile away and walk the rest of the way...you’re still in the running! Also, sick days do not count against your effort!

Students need to be signed up with Trip Tracker to be eligible for the Cruger Cup.

If your kiddo won the Cruger Cup last year, stop by the office to sign up for your chance to TAKE HOME THE CUP!
Car Free Community

**Cruger Cup**

If your child walked, biked, scootered, took public transportation, car-pooled, etc., to school every day that they attended school last year (at least 1 way) as you probably know, he/she has earned the right to bring home the CRUGER CUP for one week this year. If your child is one of the students who made it last year, stop by the office and talk to Carolyn and she can sign you up for a week to take the Cup home. We have 2 Cruger Cups this year so each child should get their own week.

Much like the Stanley Cup, the Cruger Cup has gone many places and has many stories to tell. We know that some people have even eaten their morning cereal out of the Cruger Cup (although we highly recommend a serious cleaning process before you do this) and we know it's been to top of at least one 14er! Don't forget to take a picture with the cup and send it to us.

**TRIP TRACKER**

This year, we are so happy to be partnering with BVSD's **Trip Tracker** program, which rewards students for walking, biking, carpooling or riding the RTD to school. Students will earn Trip Tracker Dollars that they can spend like cash at local Boulder businesses like Glacier Ice Cream, Gateway fun Park and Play it Again Sports. **Trip Tracker will begin the 2018-2019 School Year tracking trips on September 1 with first reward distribution the week of October 16.** If you would like to register for the program you can check out the **Trip Tracker Website** for more program information.

Here is the October **Trip Tracker Calendar**.

**Trip Tracker Accomplishments 2017-18:**

- 4387 Students in 22 schools participated
- 482,264 green trips including 209,776 walk or bike trips reported
- $110,296 Trip Tracker dollars awarded
- Participants donated $7,757 to participating non-profits in Boulder County

In accordance with the BVSD policy on distribution/posting of non-curricular material-Bear Tracks will print curricular items about our school. Many outside opportunities available, (i.e. Science Matters, second language programs, parenting workshops, community sports, non-profit organizations, etc.) may be posted on the hall bulletin board with prior approval of the Principal, but may not be included in Bear Tracks. Be sure to check the Parent's Board in the school for information regarding outside opportunities. All articles can be submitted to Carolyn Walker at carolyn.walker@bvsd.org.

<table>
<thead>
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<th>Submission Deadline</th>
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<tbody>
<tr>
<td>December 5</td>
<td>December 7</td>
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<td>January 17</td>
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<td>February 13</td>
<td>February 14</td>
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Additional information about Bear Creek can be found on the website at [http://www.bvsd.org/schools/bearcreek/](http://www.bvsd.org/schools/bearcreek/).
October 17th- November 29th

It is time once again for the Share-A-Coat program, sponsored by Art Cleaners and the Boulder Valley Rotary Club. We appreciate all the efforts in past years of you, your staff and students in this worthwhile endeavor and look forward to working with you again this year. In 2017, over 2,500 coats and many miscellaneous items of clothing were collected and distributed to needy families in Boulder County and to various charitable organizations.

We plan to have collection boxes available in your school by October 17, with pick-up dates of November 1, November 15 and November 29. Once the coats are picked up they will be distributed to various Boulder County charities and people in need.

As this is an ALL VOLUNTEER operation, there may be minor changes in the dates listed above.

We still plan to recognize the schools which collect the highest number of coats per student. We plan to recognize the first, second and third place schools in three categories, 1) more than 550 students, 2) 350 to 550 students and 3) less than 350 students. Schools will be recognized at one of our weekly January Rotary Club meetings. We will reward schools with either a cash prize or a donation to a local charity in the name of the school.

Thanks to the efforts of all concerned the program has been very successful in the past and has provided warm clothing to many less fortunate men, women and children. On behalf of Art Cleaners and the entire Rotary Club, I wish to express our gratitude for your continued support and participation in the program.

Sincerely,

Bob Harberg, Boulder Valley Rotary Club
303-941-1664, harbergr@gmail.com
The fifth grade class returned home from their three day trip to Cal-Wood this week. We had an epic adventure which included climbing mountains, building shelters from found materials, orienteering, playing team building games like predator versus prey and camouflage, hiking in the dark to see the milky way (along with constellations like the Pleiades and Cassiopeia), sleeping in a cabin with bunk beds, and enjoying a campfire (complete with marshmallows, skits and music). It was cold (especially after the sun went down) but we came well prepared and wore all of our layers. We saw lots of wildlife including a moose, some mule deer, and lots of turkeys! The food was fantastic and the company was excellent. Many thanks to Tanner Dayhoff, James Soole and Carolyn Walker for taking time away from their families to join us! We made some excellent memories!
Ways to boost your energy when you're struggling big time

Feeling tired more often than not? We asked Shilpi Agarwal, MD, and Equinox group fitness manager Jenn Hogg for ways to stay alert throughout the day.

**Hydrate**
Start the day with a glass of room temperature water (your body has to work to heat it up if it’s ice cold, which could tire you out even more), and keep hydrating until you hit the sack. “Everybody puts too many starchy carbs in their diet, and sodas, which negatively affect your blood sugar,” making you feel pooped, says Hogg. Water moves those downers through your system faster.

**Move it**
Agarwal says that 25 to 45 minutes of cardiovascular exercise five to seven times a week will help you fall asleep faster and go into a deeper sleep so you’re more rested during the day. Plus, you’ll enjoy that natural energy high after your workout.

**Step away from the screen**
Staring at your computer for hours on end burns your eyes and your energy. "Find a private spot in your office and do a few sun salutations," says Hogg. Stand with your feet hip distance apart, inhale and bring your hands straight above your head. Then exhale, bend forward, bringing your hands to touch the floor or your thighs. Lengthen your arms in front of you and look forward. Exhale back down with your belly to your thighs, and then inhale back to standing.

**Just breathe**
Take five deep breaths while picturing happy images, and you can actually up your serotonin ("happy hormone") levels. Note: Deep breathing comes from the belly rather than the diaphragm. Make sure you’re doing it correctly by putting your finger on your belly button and feeling yourself breathe in.

**Feed your body**
Filling up on those refined sugar-loaded snacks at the corner coffee shop while you race through the day? Not doing yourself any favors; you’ll crash from the sugar spikes. Make sure your balanced diet is packed with protein and rich in fiber. Take in plenty of whole grains, broccoli, cauliflower, apples.

Cancellation Dates for Jump Rope Club and Intramurals

Due to the equipment being used in our tumbling and gymnastics unit we will be cancelling Jump Rope Club and Intramurals on the following days.

No Jump Rope Club on Dec. 4th and Dec. 11th
No Intramurals on Dec. 6th, 7th and Dec. 13th, 14th.

Both activities will resume on the week of December 17th.

Thanks,
Mr. Soole
Library News

Thank you to all who attended our book fair and made it such a huge success. We earned over $5,000 in Scholastic credit (55% of sales). We had our highest sales ever!! We will use these funds to expand and update the library and classroom book and makerspace collections. A special thank you goes out to all of the volunteers who helped set-up, close up, and run the book fair: Michelle Wellington, Gwen Grasse, Denise Walker, Rebecca Rao, Jessica Clarke, Lenora Reynolds, Emma Pickles, Stella Bizzarro, Vanessa Carroll, and Maggie Garner. Without your help, the book fair would not have been possible.

Vision & Hearing Screening
Monday, December 3rd

On Monday, December 4th, the annual Vision and Hearing screening tests are being held at Bear Creek in accordance with state statute. They are performed in elementary school on kindergarten, 1,2,3, and 5th graders; those new to the district; special education students and those where there is current vision or hearing concern. These tests are conducted under the supervision of the School Nurse Consultant by the vision and hearing screening teams. A parent or guardian may submit an exemption from screening testing for his or her child. Exemption forms must be returned to the Bear Creek office by December 1st.

Hearing Screening Waiver
Vision Screening Waiver

READ with Dogs

“Lexie” is a five year old Golden Doodle who visits Bear Creek usually once a week and “reads” with students.
**November 2018**

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<td>Parent Blue Sky Bridge Presentation @ 5:00</td>
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<td>5th Graders to Cal Wood</td>
<td>Garden Club @ 8:45</td>
<td>SAC @ 3:15</td>
<td>Student Council 3:05-3:45</td>
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<td>NO SCHOOL Veterans’ Day</td>
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<td>Report Cards Viewable by Parents</td>
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<td>Coffee &amp; Chat w/Principal @8:45</td>
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Southern Hills Middle School
1500 Knox Drive
Boulder, CO 80305

Open Enrollment Information
For the 2019-2020 School Year

Open Enrollment Family Information/Tour Nights

Evening Tours
Wednesday, November 14, and Tuesday, November 27, 2018
from 6:00 to 8:00 pm

Please visit the Southern Hills Middle School Website
Click on the link under announcements for additional tour information and to reserve a tour date.

We ask that families attend only one of the events since both events provide the same information.

For additional Open Enrollment information, please check the district website!

Boulder Valley School District website
CU WIZARDS presents...

Atmospheric chemistry for KID scientists!

FREE STEM SHOW!

www.colorado.edu/cuwizards

Prof. Steven Brown

There's Something in the Air!

Saturday, December 1
9:30-10:30 a.m.

Cristol Chemistry Rm 140

9030-10:30 a.m.
2018 PATHWAYS TO SUCCESS

Presented by Boulder Psychological Services

Boulder Psychological Services’ free Pathways presentations are designed to help serve individuals, families, and the community. The fall schedule provides support for parents, couples, and adults (see other side for specific programs). Prior webinars and TV shows are available on our BPS YouTube channel!!

www.boulderpsychologicalservices.com

Sponsored by:

Boulder Public Library

Boulder Valley School District Excellence and Equity

Mamie Doud Eisenhower Public Library

Camera Paper Pens Network

Parent Engagement Network

EXPAND mentoring

Healthy Youth Alliance
BOULDER VALLEY SCHOOL DISTRICT
COMMUNITY NIGHT WITH THE DENVER NUGGETS
Supported by Impact on Education – The Foundation for Boulder Valley Schools

Denver Nuggets vs Milwaukee Bucks
Sunday - November 11th, 2018 • 6:00pm • Pepsi Center
Alternate Night: Denver Nuggets vs. Memphis Grizzlies
Monday – December 10th, 2018 • 7:00pm • Pepsi Center

TICKETS:
Lower/Club Level: $44
Upper Level: $20

* All lower/club level tickets include a free Nuggets Hat.

Order tickets online at:
https://Nuggets.KSETickets.com/BVSD1819
Follow the link and select your school

*Purchase by Friday, November 2nd to guarantee seating with group.

There are NO taxes or fees. This offer is not valid at Pepsi Center Box Office or directly through Altitude Tickets. Tickets are sold on a first come first served basis and are subject to availability. Ticket prices are subject to change without notice. All sales are final – no refunds or exchanges permitted.

For more information, call Alexa Carpenter at 303.405.1196
or email Alexa.Carpenter@TeamKSE.com
FLOOD SAFETY

Boulder is in the highest risk of flash flooding in the state of Colorado. Flash floods can happen even when the weather is clear in town due to rain occurring in the mountains. A big storm upstream can cause a flash flood downstream with little or no warning.

Prepare for Floods

- Have a plan for where your family will meet in an emergency and make sure children know where to go when they are at school or away from home.

- Keep an emergency kit accessible. Include a battery-powered radio, extra batteries, flashlights, rubber boots and gloves, first-aid supplies, necessary medicines, water stored in tightly sealed containers, and food that requires no cooking or refrigeration.

- Boulder residents currently receive up to a 25% discount on flood insurance; property owners should consider purchasing flood insurance even if their home is not in a flood plain.

HOME IN A HIGH HAZARD ZONE?

Check to see if your property is in the floodway, high hazard zone, wetland area, or has been impacted by historic events. View maps and elevation certificates online at www.BoulderFloodInfo.com, visit the Planning & Development Services Center at 1739 Broadway or call 303-441-1880 for detailed Flood Insurance Rate Map (FIRM) information.

FAMILY FUN ACTIVITY

Imagine you only have 12 minutes to put together an emergency supply kit to last you for three days. Put the challenge to the test with your family and see how well you do!

BoulderOEM.com/disaster-preparedness lists out essential items you might need during an emergency. How does your stock pile compare to this? Is your family prepared to respond to an emergency event?

Protect your Home

- If you have a sump pump, make sure it is properly working and discharging to your lawn or directly into the storm sewer. Groundwater discharges should not impact your neighbors or be discharged to the sanitary sewer or onto the street.

- Consider putting your furnace and water heater on risers to help prevent damage if flood waters enters your home.

- Clean out your gutters and ensure they drain at least five feet from the house foundation.

- Before beginning any projects for your property, contact Planning & Development Services at 303-441-1880 to assess whether a City of Boulder permit is needed.

City flood info: www.BoulderFloodInfo.net
Office of Emergency Management: www.BoulderOEM.com

Sign up for emergency notifications
Go to: www.BoCo911alert.com
CU Wizards!

For over three decades, the CU Wizards program has presented FREE monthly shows that entertain and inform children about the wonders of science. Under the direction of Prof. David Nesbitt, these interactive shows are presented once a month from September through June. They are hosted by renowned University of Colorado, Boulder professors and provide a perfect start to a fun-filled weekend. The shows are geared toward children and young adults, but all are welcome!

Each program lasts about an hour and includes several lively demonstration experiments.

No reservations required. All shows are on Saturday mornings and begin at 9:30 a.m.

WHERE?
At the University of Colorado at Boulder in the Duane Physics or Cristol Chemistry buildings. There is FREE PARKING in lots 308 and 436. There is also parking available for a $4.00 flat fee in the Euclid parking structure. Please refer to our website for additional parking information.

SPONSORS:
- Chancellor DiStefano
- David Paddock Endowment
- George Gamow Memorial Lecture Fund
- College of Arts & Sciences
- Merrill Lynch
- CU Science Discovery Program
- CU Outreach Program
- Local Wizards Fans who donate!

CU Wizards 2018-2019 Schedule:

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<th>Date</th>
<th>Speaker</th>
<th>Topic</th>
<th>Location</th>
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<tr>
<td>9/22/2018</td>
<td>Prof. Lew Harvey</td>
<td>Illusion and Reality: The Science of Perception</td>
<td>Duane Physics G1B30</td>
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<tr>
<td>10/20/2018</td>
<td>Prof. Katja Friedrich</td>
<td>The Tumultuous Life of Cumulus Clouds</td>
<td>Duane Physics G1B30</td>
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<tr>
<td>11/3/2018</td>
<td>Prof. Niels Damrauer</td>
<td>The Chemistry of Bread!</td>
<td>Cristol Chem 140</td>
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<tr>
<td>12/1/2018</td>
<td>Prof. Steven Brown</td>
<td>There's Something in the Air!</td>
<td>Cristol Chem 140</td>
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<td>Prof. Mark Hoefer</td>
<td>Surfing with a Mathematician!</td>
<td>Duane Physics G1B30</td>
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<td>2/23/2019</td>
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<td>TBA: Bioinspired engineering- Buggy Robots</td>
<td>Duane Physics G1B30</td>
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<tr>
<td>3/16/2019</td>
<td>Prof. Alycia Marino &amp; Prof. Daniel Bolton</td>
<td>TBA: Electricity and Magnetism</td>
<td>Duane Physics G1B30</td>
</tr>
<tr>
<td>4/20/2019</td>
<td>Prof. Amy Palmer</td>
<td>One Fish...Two Fish... Fluorescent Red &amp; Green Squish!</td>
<td>Cristol Chem 140</td>
</tr>
<tr>
<td>5/18/2019</td>
<td>Prof. Steven George</td>
<td>The Chemistry of Energy!</td>
<td>Cristol Chem 140</td>
</tr>
<tr>
<td>6/22/2019</td>
<td>Prof. Brian Argrow</td>
<td>TBA: The Game of Drones!</td>
<td>Duane Physics G1B30</td>
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</table>

For more information please visit: www.colorado.edu/cuwizards
BVSD GT Parent Support Initiative

Supporting the needs of our parent community with training and information designed to help their GT-identified students prosper

1. GT in BVSD: what it looks like, ALPs, assessments, timeline
   September 27, 2018, 4-6 pm, BVSD Ed Center
   (6500 E. Arapahoe Road) Flagstaff Room

2. GT-Student Social Emotional Needs
   October 25, 2018, 4-6 pm, BVSD Ed Center
   Block Diamond Room

3. Twice Exceptional (2E) Students
   January 24, 2019, 4:50-6:50 pm, BVSD Ed Center
   Davidson Mesa Room

RSVP: morlys.lietze@bvsd.org

Parent Book Studies

"Embracing the Whole Gifted Child"
By Patricia Gotto-Welden, Ph. D.

1. Four-session, school-based discussion groups
   - Fall & Spring - Dates/locations TBD
   - Contact your GT Advisor or the GT website

2. Two-session district discussion group
   - November 6 and 15, 6:50-8:50 pm, at the Ed Center
   - Contact morlys.lietze@bvsd.org

Contact michelle.duboise@bvsd.org to be added to our newsletter with updated GT district news, happenings and links to helpful articles.

Newsletters

Contact Us

Dr. Michelle DuBois, Instructional Specialist for Gifted Education: michelle.duboise@bvsd.org, 720-561-5067

Mara Jorgenson, Director of Student Success: maja.jorgensen@bvsd.org, 720-561-5087

Marlys Lietz, Administrative Assistant of Gifted & Talented: marlys.lietze@bvsd.org, 720-561-5149
Website: BVSD.org/Gifted
BVSD is working to improve air quality in our schools

Last year, BVSD began a long term initiative to collect indoor air quality data across the district to identify where we can make changes to improve it. Recognizing the proven role of good indoor air quality for student performance and health, BVSD hopes this work will have significant benefits for students and staff. There are a couple of ways parents are asked get involved and help with this effort:

**Provide information about reasons for absenteeism**
In addition to collecting data from school sites, we want to understand how air quality may be affecting student health and absenteeism. Beginning this school year, when parents call in to report a health-related absence from school, they will be asked to identify the nature of the illness. Learn more.

**Join the District-wide Air Quality Team**
The district is creating an Indoor Air Quality Team to work with us on this initiative. The team will include BVSD principals, teachers, parents and community members. Once convened, the team will determine meeting times and schedule. Applications are due September 9. Follow these links for more information and the application.

For more information about the air quality initiative, go to: bvsd.org/airquality.

**Student accident insurance 2016-2017**

Low-cost student accident insurance is again being offered by Markel this year. They have changed their enrollment method from paper to electronic and will not be providing print outs to schools to distribute to students. Attached is a PDF of their enrollment information. This information is also available on the district website at http://www.bvsd.org/employees/AthleticsActivities/Athletic%20Insurance%20Information/Forms/AllItems.aspx.

**Healthy Kids Initiative**
Another possible option for parents whose students need health insurance is the Boulder County Healthy Kids Initiative which helps families enroll in Child Health Plan Plus (CHP+) and Medicaid. CHP+ and Medicaid are free and low-cost health insurance plans that provide dental, medical, prescription, mental health, and vision benefits. There are no monthly premiums, and co-pays range from $0 - $15 depending on family income. CHP+ has higher income eligibility limits than many public assistance programs, so many working families can qualify. Assets are not considered when determining eligibility for these programs. Some families who have not previously qualified may be able to qualify now due to new income guidelines.

Eligibility specialists are available to serve families at all BVSD schools. Call 720-515-1454 today to talk with a specialist or to make an appointment!

More information is available on the district website at http://www.bvsd.org/healthykids. A link to this page is on the front page of the district site: Go to www.bvsd.org and click the Healthy Kids Initiative logo at the bottom of the page.

NONDISCRIMINATION/EQUAL OPPORTUNITY

In compliance with Titles VI and VII of the Civil Rights Act of 1964, Title IX of the Education Amendments of 1972, Section 504 of the Rehabilitation Act of 1973, the Age Discrimination in Employment Act of 1967, the Americans with Disabilities Act, the Genetic Information Nondiscrimination Act of 2008, Colorado law and Board of Education Policy AC (Nondiscrimination/Equal Opportunity), Boulder Valley School District does not discriminate on the basis of disability, race, creed, color, sex, sexual orientation, gender identity/expression, national origin, religion, ancestry, need for special education services, age, marital status, genetic information, or physical characteristics in admissions, access to, treatment, or employment in educational programs or activities which it operates. Complaint procedures have been established for students, parents, employees and members of the public. The following person has been identified as the compliance officer for the district:

Superintendent, Boulder Valley School District
6500 Arapahoe Rd.
Boulder, CO 80301 720.561.5114 Superintendent@bvsd.org